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Pre-Arrival and Post Arrival Handbook

NAGOYA
UNIVERSITY



2024-2025

G30 International Programs

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Check the schedule for exact dates and times.

Enrollment Instructions is separately provided. Please read through the other booklet.

PRE-ARRIVAL CHECKLIST

No.	Events	Dates
1	Obtaining a Passport	As soon as possible
2	Apply for a Certificate of Eligibility (CoE) *Not applicable for MEXT Scholarship recipients	As soon as we have received your registration fee. Instructions released on T-Cens system. CoE Issued: late July – early August
3	Apply for dormitory Information about dormitory found here: Pre-departure Info (nagoya-u.ac.jp)	June. Submit (choose yes or no in the Form 2 of Step 3) on T-Cens system.
4	Apply for a student visa (done on your own) *Not applicable for MEXT Scholarship recipients	August. Instructions will be sent after CoE has been issued via T-Cens system.
5	Submit Official Documents You can check the submission status on T-Cens system and know which official documents (if any) still need to be submitted.	By August 1 st
6	Submit travel itinerary / Apply for airport pickup https://forms.gle/KvVRryFTY9mq6hya7	By August 5 th . Information relating to itineraries and airport pickup will be sent on T-Cens.
Make sure to bring with you:		Notes
<input type="checkbox"/>	Photocopy of your passport	Printed copy and electronic scan
<input type="checkbox"/>	Any prescription medication w/doctor's note	Only if applicable
<input type="checkbox"/>	Letter of Admission to Nagoya University	Sent as PDF via T-Cens system. Prepare printed copy and electronic scan.
<input type="checkbox"/>	Form 3 (Letter of Guarantee) and Form 4 (Consent from the Notification of Credits Obtained). Registration Fee Waiver (Int'l students) / New HE Study Support (Japanese nationals) Application Form	If applicable. Download forms from T-Cens and prepare printed copy. Submit during the G30 Guidance. See details in the Enrollment Instructions booklet.
<input type="checkbox"/>	Acceptance Letter to Dormitory	Sent on T-Cens system when available. Prepare printed copy and electronic scan.
<input type="checkbox"/>	Contact numbers of AO and Dormitory on hand	Prepare printed copy and electronic scan.
<input type="checkbox"/>	Comfortable shoes and light layers	First few days of Orientation Week
<input type="checkbox"/>	Smartphone, laptop, SIM card, Microsoft Authenticator app. See details in: Information-Security-Session-October.pdf	Microsoft Authenticator app (app needed to log onto Nagoya University services)
<input type="checkbox"/>	Travel insurance to cover first few days of stay in Japan	Until enrolled in National Health Insurance at Ward Office



Pre-Departure and Post Arrival Information is also available on the website.

<https://admissions.g30.nagoya-u.ac.jp/pre-arrival/>

BEFORE ARRIVAL

1. [ALL STUDENTS] VIRTUAL OFFICE HOUR

Please join the first get-together. Senpai students will talk about their campus life, and you will e-meet and greet batchmates there. If you can't join, no worry. We are planning another fun e-event coming up soon.

Date & Time: July 8, 14:00-15:00 JST

Link: To be shared on Discord / T-Cens

2. [ALL STUDENTS] REGISTER YOUR TRAVEL ITINERARY AND CONTACT INFO & AIRPORT PICK-UP BUS REGISTRATION (THOSE WHO LIVE IN DORMITORY)



IMPORTANT

Deadline for submission of your travel itinerary: August 5 JST

<https://forms.gle/KvVRryFTY9mq6hya7>

- Please do not forget to register if you wish to take an airport pick-up bus before the deadline.
- Note: If you are a MEXT Scholarship recipient, please rest assured that we will secure you a seat for airport bus pickup until the Japanese Embassy finalizes your travel itinerary.

Note:

For **MEXT Scholarship recipients**, a travel itinerary will be arranged and get approved by the Japanese Embassy before finalized. You will be contacted by the Japanese Embassy in middle- to late August with a detailed guide to how to apply for a student visa and what a travel plan looks like. Please let them know that you **should arrive in Nagoya on the morning of September 17**. Don't worry, all MEXT Scholarship recipients are also guaranteed seats on the pick-up bus.

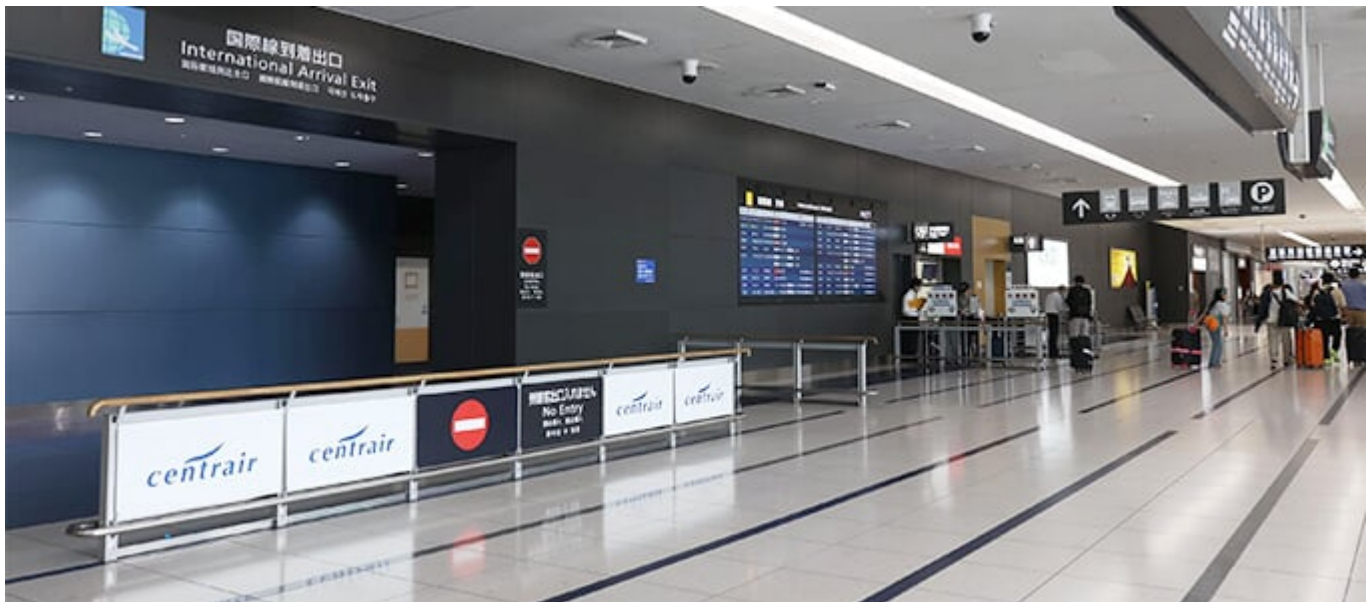
Airport Pick Up Bus Details

- Meeting Place: International Arrivals Lobby
- Pick-Up Bus Schedule

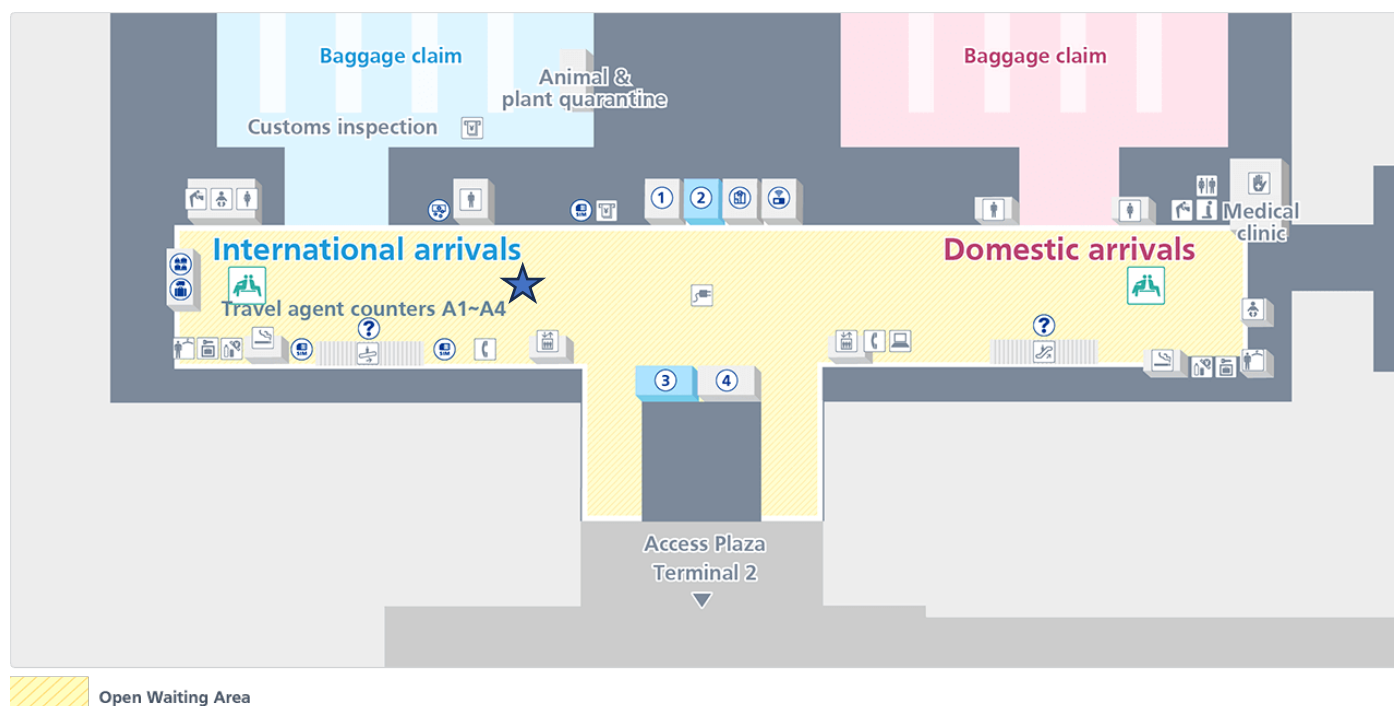
Date	Departure Time (Morning)	Departure (Afternoon)
September 17	Meet up at 9:15 Depart at 9:45	Meet up at 14:15 Depart at 14:45

- Please also read the section '**If my flight is delayed, what should I do.**'
- General information:
 - You will meet senior (senpai) students in the first place, waiting right outside the International Arrival Exit to welcome and greet you. They will have a signboard showing "Nagoya University," so you won't miss them!
 - If you are arriving very early in the morning, you can walk around inside the airport (Access Plaza) and come back to the international arrival lobby or wait for senpai students, just sitting in the waiting area (there are many seats available in the waiting area). Senpai students will tell you how to buy a SIM card, Manaca (prepaid IC card), show you the nearest convenience store and foreign currency exchange place at the airport or you can go and grab something to eat or drink.
 - For students arriving in the domestic arrival lobby, please walk down to the international arrival lobby (see map below).
 - Airport pick-up bus is for G30 students. Should you have any accompanying family, please note that due to the limited space we will prioritize the students. The bus will not let you stop over on the way to the dormitory.

Meeting Place (right outside the international arrival exit gate)



International & Domestic Arrival Gates



3. DORMITORY TOUR (THOSE WHO WISH TO LIVE IN DORMITORY)

- Do you wanna come and see the dormitory to get a little bit feel for a student life? Join the dormitory tour on **August 9**. Details will be announced during the **Virtual Office Hour**.

4. CONTACT NUMBERS OF AO AND DORMITORY

Contact Details

Before departure:

Please contact us via T-Cens.

After arrival:

Admissions Office

Email: admissionsoffice@t.mail.nagoya-u.ac.jp

TEL: +81-(0)52-747-6556

Office Hours: Mon-Fri, 8:30-12:00; 13:00-17:00

Myoken Dormitory

Address: {Rm #} 40, Myoken-cho, Showa-ku, Nagoya, Aichi 466-0814

Ishida Memorial International Residence Myoken

TEL: +81-(0)52-835-3332

Office Hours: Mon-Fri, 9:00-12:00; 13:00-17:00

UPON ARRIVAL

1. ARRIVING TO THE AIRPORT-LANDING PERMISSION

You will present your passport, visa, and the COE (which you received by email) at the airport where you arrive. You will be presenting these documents to the immigration officer at the airport. The immigration officer will grant you a "landing permission" by affixing a seal inside your passport. If you land at Narita, Haneda, Kansai, and Chubu airport, and are granted a period of stay longer than 3 months, then a Residence Card will be issued. Those who receive a Residence Card can apply for a part-time work permit, which is called "Permission to Engage in Activity other than That Permitted under the Status of Residence Previously Granted". More information on this is provided in the **Part-Time Work Permit** section. (You can also apply for this permission at a later date.)

Example of Landing Permission which will be placed into your passport by an immigration officer:



2. ARRIVING TO THE AIRPORT- RESIDENCE CARD (FOREIGN NATIONALS)

As mentioned above, as a part of the landing procedures in Japan, all international visitors will be required to present their 'Certificate of Eligibility and passport at Immigration (airport). Upon arrival at the airport in Japan and presenting the required documents to the immigration officer, you will receive a Residence Card (in Japanese = 在留カード zai ryu ka do) that acts as your official government ID in Japan. Please be sure to carry your residence card with you at all times. If you are found without your residence card, you may be fined up to 200,000 JPY.

Ensure that you have enough cash with you when you enter Japan, preferably in Japanese currency, to settle initial expenses. Please note that not all ATMs in Japan accept credit, debit, and ATM cards issued outside of Japan.

別記第六号の四様式 (第六条の二関係)

在留資格認定証明書

CERTIFICATE OF ELIGIBILITY

日本国政府 法務省
Ministry of Justice, Japanese Government

番号 No. _____

氏名 Name Family Name Given Name	性別 Sex M F	写真 photo
国籍 Nationality	生年月日 Date of Birth	
日本での職業及び勤務(通学)先等 Profession or Occupation/Organization to be employed or to study in Japan		

上記の者は、次の在留資格に関して出入国管理及び難民認定法第7条第1項第2号に掲げる上陸のための条件に適合していることを証明します。
Under the following status, it is hereby certified that the above-mentioned person meets requirement for the landing provided in Article 7, Paragraph 1, Item 2 of the Immigration-Control and Refugee-Recognition Act.

在留資格 特定活動 (告示9号) (6 months)

2008 年 月 日
Date

東京入国管理局長
Director General of Tokyo Regional Immigration Bureau

(注意) Notice
1 本証明書は、上陸の許可そのものではなく、本証明書を所持していても、在外公館において査証を取得していなければ上陸を許可されません。
This certificate is not an entry permit. Even if you have this certificate, you are not admitted into Japan unless you get an entry visa at a Japanese Embassy or Consulate abroad.
2 本証明書は、上記の年月日から3月以内に査証と共に入国審査官に提出して上陸の申請を行わないときは、効力を失います。
This certificate should be submitted to an Immigration Inspector with an entry visa for the landing permission at the port of entry, and shall cease to be valid if the application for landing permission is not filed within 3 months from the date of issue.
3 本証明書は、上陸の許可を保証するものではなく、他の上陸のための条件に適合しない場合又は事情の変更があった場合は上陸を許可されないことがあります。
This certificate does not guarantee the entry of the person concerned. In case that an applicant does not fulfill other requirements for landing or the relevant circumstances are found to be changed, the landing permission would be denied.

<- Certificate of Eligibility & Residence Card (below)

日本国政府 在留カード 番号 AB12345678CD

氏名 TURNER ELIZABETH

生年月日 1985年12月31日 性別 女 F 国籍 米国

住所 東京都千代田区豊島1丁目1番1号豊島 Heights 202号

在留資格 留学

就労制限の有無 就労不可

在留期間(満了日) 4年3月(2018年10月20日)

許可の種別 在留期間更新許可(東京入国管理局長) MOJ

許可年月日 2014年06月10日 交付年月日 2014年06月10日

このカードは 2018年10月20日まで有効です。 法務大臣 署名

住居地記載欄

届出年月日	住居地	記載者印
2014年12月1日	東京都港区港南5丁目5番30号	東京都港区長

在外活動許可欄

許可: 原則週28時間以内・風俗営業等の従事を除く

在留期間更新許可申請欄

在留資格更新許可申請中

3. PART-TIME WORK PERMIT (OPTIONAL)

Who can apply:

Non-Japanese nationals who enter Japan on a student visa (foreign nationals without Japanese Permanent residency)

Where and When:

Port of entry & Immigration

Things to prepare before coming to Japan:

[Application form \(download the form from here\)](#)

Note: you need to print out, fill out the form beforehand. Application form NOT available at an airport.

How to apply:

- 1) Print out the application form prior to departure.
- 2) Fill out the form before arrival.
- 3) Submit the form at the immigration booth when receiving a landing permission.

When you are granted a permit, you will find:

- 1) Permission statement on the back side of your residence card
- 2) Stamp on your passport page

It is not allowed for international students who enter Japan on a student visa to work full time. But you can work part time if a work permit, so-called "Shikakugai-Katsudo-Kyoka" in Japanese, is granted.

The maximum hours of work a student with a Part-Time Work Permit can undertake are limited to 28 hours per week. During long holidays, permitted working hours up to 8 hours a day, 40 hours a week. Please note that "Golden Week" is not considered a long holiday. If you wish to work a part-time job, on- or off-campus including a tutor or teaching assistant, you are required to obtain a work permit.

- officially known as a "Permission to engage in activity other than that permitted under the status of residence previously granted", called "Shikakugai-Katsudo-Kyoka" in Japanese from the Immigration Bureau of Japan.

<https://www.isa.go.jp/en/applications/procedures/16-8.html>

4. ARRIVAL TO AIRPORT (INCLUDE LUGGAGE FORWARDING INFORMATION)

After passing immigration and customs and picking up baggage, your new journey will start upon exiting the arrival gate! You will see G30 student volunteers eagerly awaiting you in the arrival lobby.

Upon exiting, it is recommended to get Japanese Yen. You may either use currency exchange services that are available throughout the Arrivals terminal, or you may use an ATM to withdraw cash with your credit/debit cards.

Want to send baggage to the dormitory?

In case you would like to send baggage and your belongings to the dormitory, please get them to be delivered after your check-in date (after **September 17**). When you arrive in Japan, you can send luggage from the airport to your accommodation via the Takuhaibin service at a relatively affordable rate. It usually costs around 2,000 JPY (13 USD) for a large suitcase (100L). If you drop baggage early in the morning, you might be able to receive it at the dormitory in the evening of the same day.

<https://www.centrair.jp/en/service/delivery-baggage.html>



「宅急便センター受け取りサービス」ご利用時のお願い
お届け先に宅急便センターの「センターコード」「センター名」をご記入ください。
※電話番号・氏名は受取人様をご記入ください。※営業日・時間を確認してから、お受け取り日・時間等をご希望ください。

ご希望の方は、お届け・お受け取り時間帯にチェックをして下さい。

請求書
ご依頼主

携帯番号・PHSより
ナビダイヤル
0570-200-000

固定電話より
フリーダイヤル
0120-01-9625

050 IP電話より
ビジネスダイヤル
050-3786-3333

ヤマト運輸株式会社
本社 03 (3541) 3425
東京都中央区銀座2丁目16番10号

交通事情等により
ご希望のお届け日・
お届け時間帯に添
えない場合もあり
ますので予めご了承下さい。

宅急便の責任限度額は30万円です。また危険品、荷重、荷役及び有価証券その他の店頭掲示の品目のお取扱いはできません。なお、その他は宅急便約款によります。

指定
無し

午前
中

14時
16時
18時
20時
21時

お届け先
(お受け取り)希望日
希望日

わからない場合
わかる場合

品名 (ワレモノ・なまもの)・Contents (Fragile・Perishable)
裏面の「宅急便」で特にご注意いただきたい主な品目」をよくご確認ください。
品名はできるだけ詳しくご記入ください。※宅急便で現金は送付できません。

ゴルフ・スキー・空港 クラブ本数

ゴルフ・スキー・プレー日は本
搭乗日

集荷・持込 現収・未収・電マネー・KM割・精算カード・ポイント

送料 60 80 100 運賃 円

サイズ 120 140 160 料金 円

発店コード 合計 (税込) 円

お客様コード 取扱店・CVS名 店

担当者

受付日 年 月 日 上記の金額を正に領収致しました。本書をもって領収書にかえることがあります。 運送料一万円未満

お届け予定日 月 日

郵便番号 559-0000

電話 TEL 06-00000000

住所・Receiver's address (宅急便センター受け取りサービス：センターコード)
0-0-0 Shibatani
(宅急便センター受け取りサービス：センター名)
Suminoe-ku, Osaka
(宅急便センター受け取りサービス：都道府県市区町村)

氏名・Receiver's name
Taro Yamato 様

郵便番号 104-0000

電話 TEL 03 (0000) 0000

住所・Shipper's address
x-x-x Ginza
Chuo-ku, Tokyo

氏名・Shipper's name
Hanako Yamato 様

クロネコメンバーズに登録すると、
受け取る・送るが便利になります

ヤマト運輸 検索
お荷物のお問い合わせは
ヤマト運輸ホームページへ

- 1 Recipient's postal code: 466-0814
- 2 Recipient's phone number: 052-835-3332 (c/o dormitory office)
- 3 Recipient's address: {Room #} 40, Myoken-cho, Showa-ku, Nagoya, Aichi
- 4 Recipient's name: {Your full name}

「宅急便センター受け取りサービス」ご利用時のお願い
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午前
中

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16時
18時
20時
21時

お届け先
(お受け取り)希望日
希望日

わからない場合
わかる場合

品名 (ワレモノ・なまもの)・Contents (Fragile・Perishable)
裏面の「宅急便」で特にご注意いただきたい主な品目」をよくご確認ください。
品名はできるだけ詳しくご記入ください。※宅急便で現金は送付できません。

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ゴルフ・スキー・プレー日は本
搭乗日

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送料 60 80 100 運賃 円

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0-0-0 Shibatani
(宅急便センター受け取りサービス：センター名)
Suminoe-ku, Osaka
(宅急便センター受け取りサービス：都道府県市区町村)

氏名・Receiver's name
Taro Yamato 様

郵便番号 104-0000

電話 TEL 03 (0000) 0000

住所・Shipper's address
x-x-x Ginza
Chuo-ku, Tokyo

氏名・Shipper's name
Hanako Yamato 様

クロネコメンバーズに登録すると、
受け取る・送るが便利になります

ヤマト運輸 検索
お荷物のお問い合わせは
ヤマト運輸ホームページへ

- 10 Delivery date: write in {month}{date} format.
 - 11 Delivery time window: select morning hours or 14:00-16:00 if you expect to receive an item on weekdays.
- Dormitory staff will sign for you to receive a delivered item (receipt signature required to acknowledge a delivery completed).

5. ACCESS- HOW TO GET TO NAGOYA

The most direct way to Nagoya would be to arrive at Chubu Centrair International Airport (NGO). From NGO airport to Nagoya Station, it is recommended to use the Tokoname / Airport Line serviced by Meitetsu Railways. For more information, please use the website below:

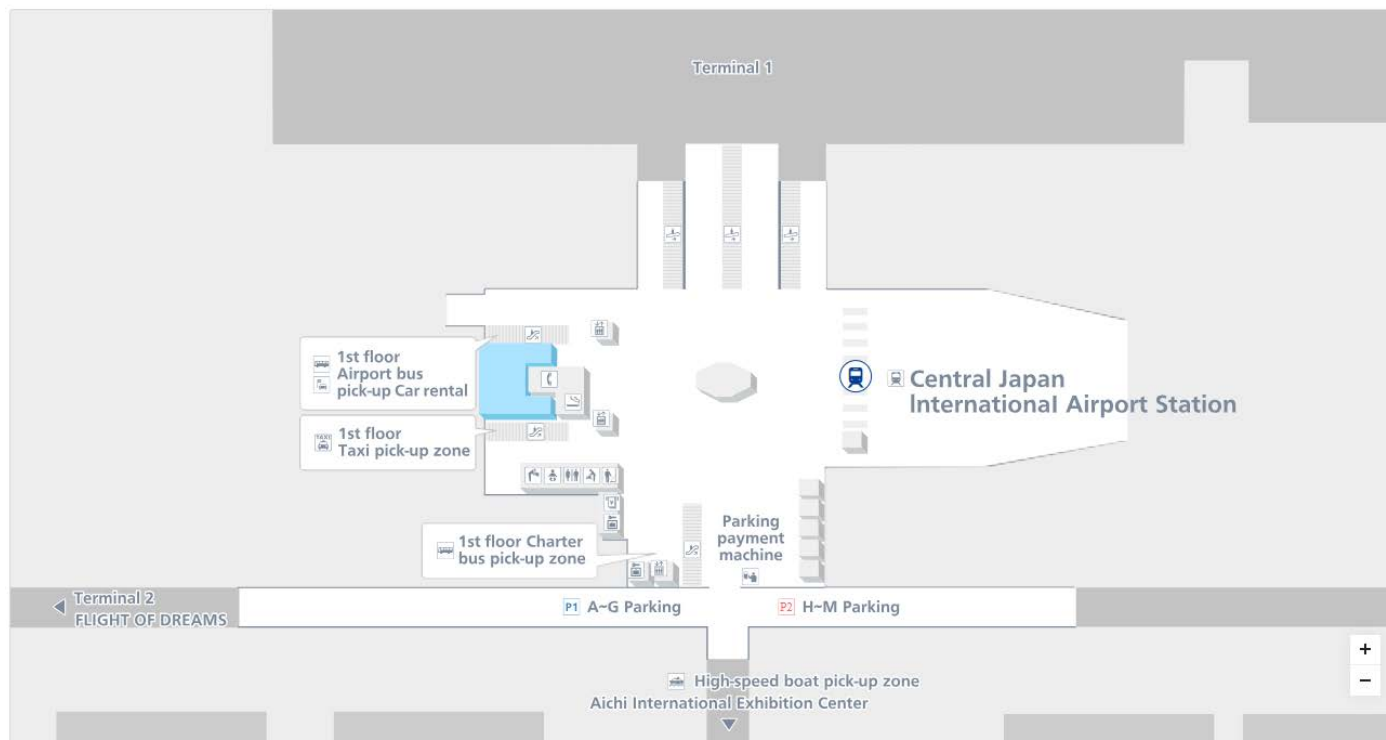
[From & To The Airport | Nagoya Railroad \(meitetsu.co.jp\)](http://meitetsu.co.jp)

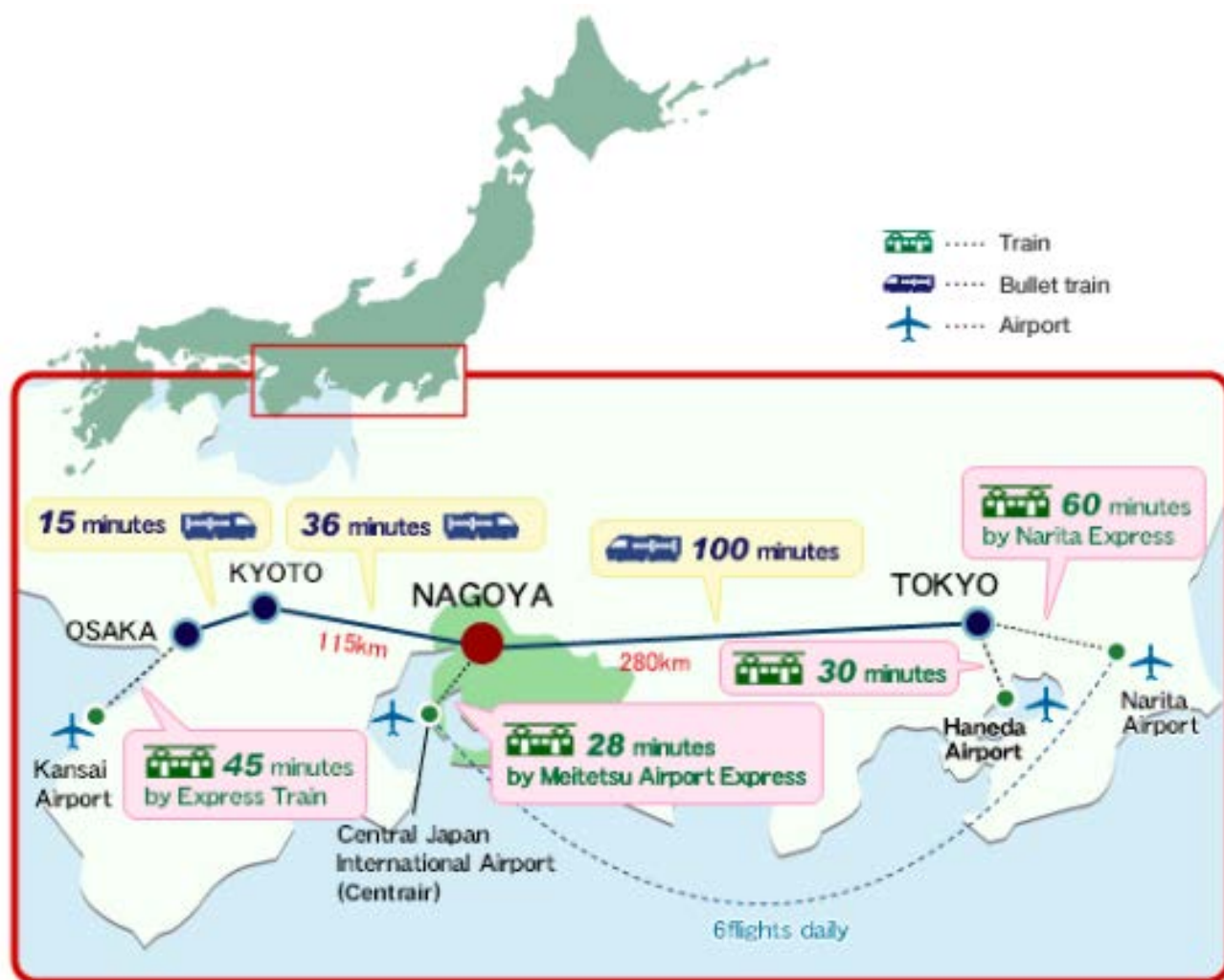


Information on Riding Trains

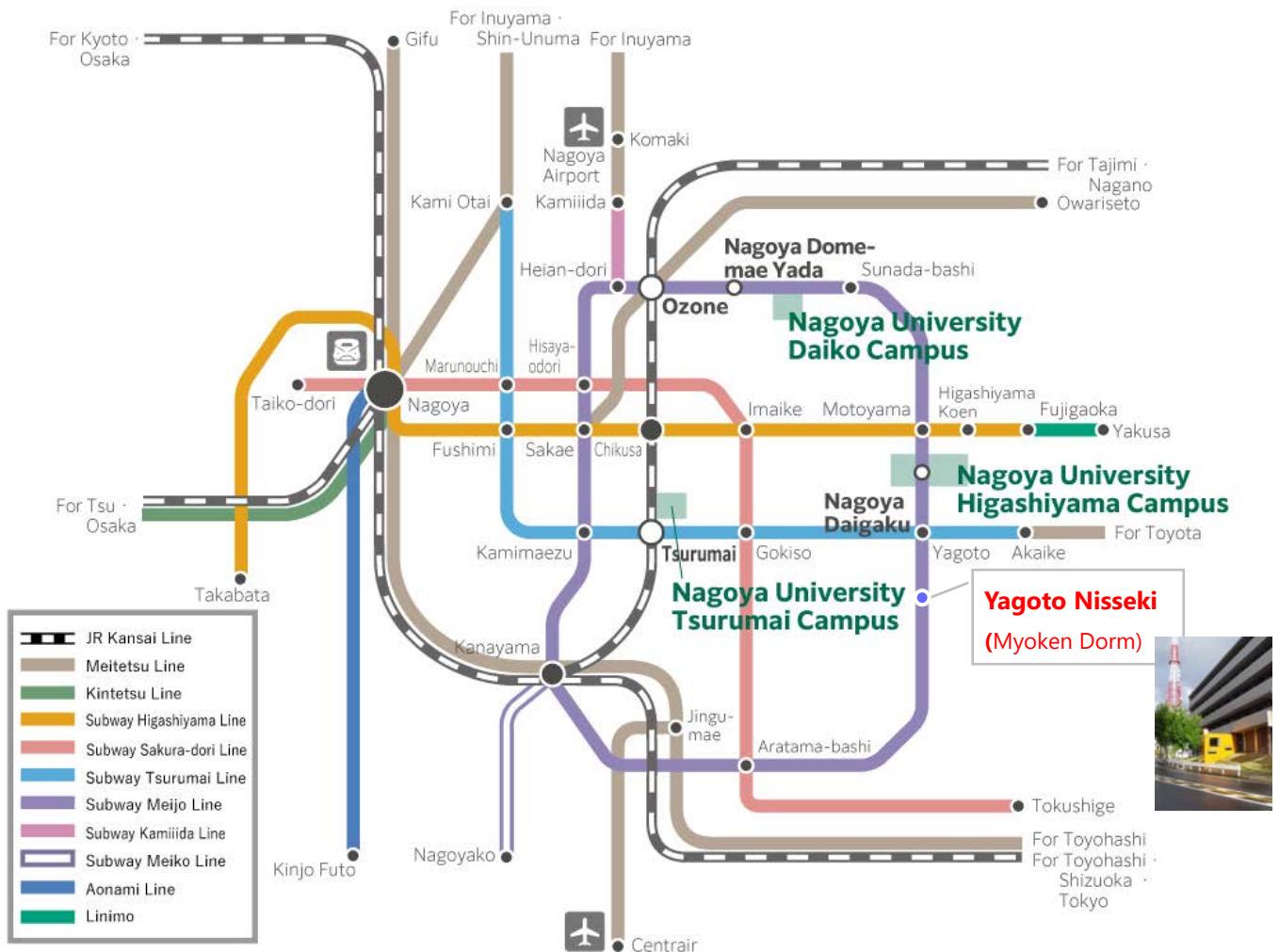
Central Japan International Airport Station is directly connected to Access Plaza.

The airport train station and the passenger terminal building are connected without stairs.

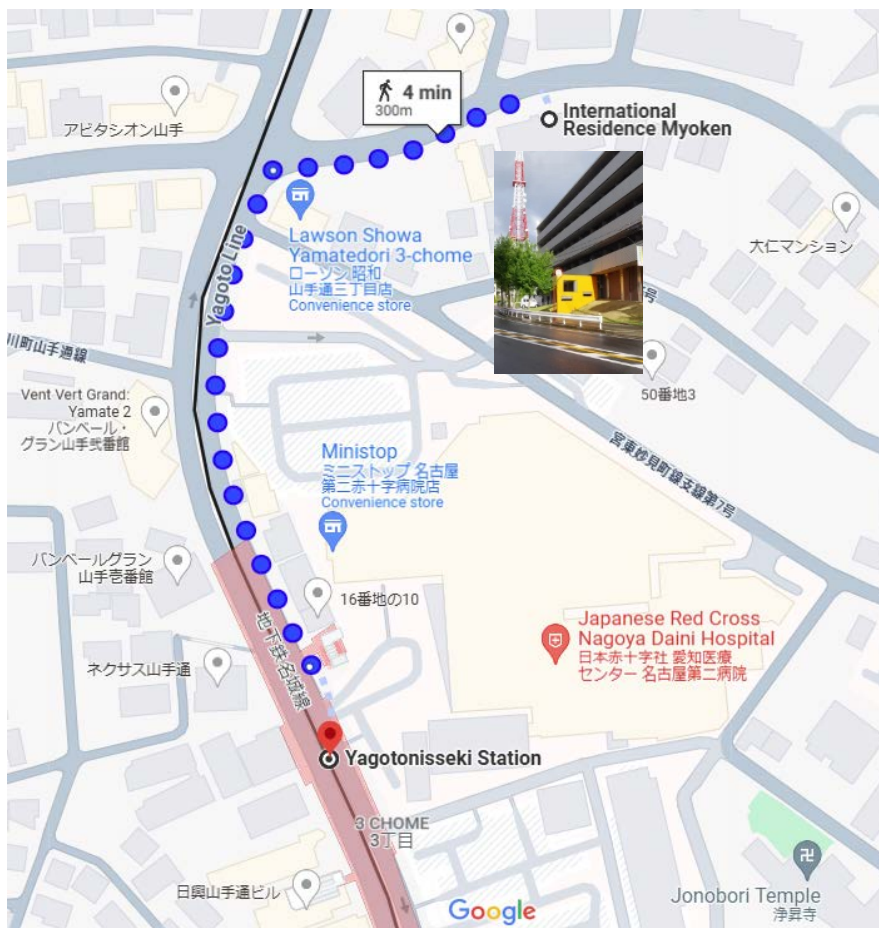




	Access
Narita (Tokyo)	<ul style="list-style-type: none"> ● From Narita International Airport (approx. 3.5-4 hrs) <ol style="list-style-type: none"> 1. Narita International Aiport to Tokyo Station → Akihabara → Tokyo Station (60-90 min.) 2. Tokyo Station → JR Tokaido Shinkansen → Nagoya Station (103 min.) 3. Take the Higashiyama Subway Line (yellow) from Nagoya Station → Motoyama (22 min.) 4. Take the Meijo Subway Line (purple) from Motoyama → Nagoya Daigaku (5 min.)
Osaka	<ul style="list-style-type: none"> ● From Shin Osaka Station (approx. 90-120 min.) <ol style="list-style-type: none"> 1. Take the Shinkansen from Shin-Osaka → Nagoya Station (52 min) 2. Take the Higashiyama Subway Line (yellow) from Nagoya Station → Motoyama (22 min.) 3. Take the Meijo Subway Line (purple) from Motoyama → Nagoya Daigaku (5 min.)
Chubu	<ul style="list-style-type: none"> ● From Chubu Centrair International Airport (approx. 90-120 min.) <ol style="list-style-type: none"> 1. Take the Meitetsu (名鉄) Line (Local / Limited Express / μSKY Limited Express) → Kanayama (金山) (60-80 min.) 2. Take the Meijo Subway Line (purple) from Kanayama → Nagoya Daigaku (30 min)



From/To Myoken Dormitory



Nagoya Daigaku → Myoken Dorm (7 min.)

1. Take the Meijo Subway Line (purple) bound for Yagoto and Aratamabashi from Platform 2 (2 stops). Stop name is Yagoto Nisseki
2. Walk (4 min.)

Myoken Dorm → Nagoya Daigaku

- Take the Meijo Subway Line (purple) bound for Motoyama and Ozone from Platform 1 (2 stops)

6. IF MY FLIGHT IS DELAYED, WHAT SHOULD I DO?

If your flight ends up getting delayed, do not worry!

Contact AO through email, telephone or Discord as soon as you know your flight is canceled or delayed.

Contact us at:

Phone: +81-(0)52-747-6556

Email: admissionoffice@t.mail.nagoya-u.ac.jp

Or use Discord message function



IMPORTANT

Missed a pick-up bus? Arriving at the airport or clearing customs to only get outside of the arrival gate after 15:00?

- If it's still before 15:00, you can still make it!

Find a senpai student who can meet and welcome you at the airport and make your way to the dormitory.

- If it's already past 15:00...

Book a hotel room and contact the Admissions Office as soon as possible. You can find a list of hotels nearby Chubu Centrair Airport at: <https://www.centrair.jp/en/service/hotel.html>.



- Centrair Hotel
+81-569-38-1111
<https://www.meitetsu-gh.co.jp/centrairhotel/en/>
- Toyoko INN Central Japan International Airport 2
+81-569-38-2045
<https://www.toyoko-inn.com/eng/index>
- Comfort Hotel Central Japan International Airport
+81-569-38-7211
<https://www.choicehotels.com/japan/toko-name/comfort-inn-hotels/jp039>
- Four Points by Sheraton Nagoya, Chubu International Airport
+81-569-84-8888
<https://www.marriott.com/en-us/hotels/ngofp-four-points-nagoya-chubu-international-airport/overview/>
- Toyoko INN Central Japan International Airport 1
+81-569-38-0045
<https://www.toyoko-inn.com/eng/index>
- Capsule Hotel TUBE Sq (Tube Square)
+81-569-84-0700
<https://tubesq.jp/en/>

7. DORM MOVE-IN PROCEDURES

- You must arrive in Nagoya before the Orientation Week. So please consider your move-in date & time before booking a flight ticket. If you are planning to make your way to the dormitory on your own, know that the dormitory is situated approximately one-and-half-hour train away from the Chubu International Airport (note: this is an approximate travel time including stopovers). You should clear customs before 15:00 and hit the road for the dormitory right away to make it in time. From Nagoya Station, the dormitory is about 40-minute away using public transportation.
- Students must arrive at the dormitory during the check-in hours (**9:30-11:00, 13:30-16:00**). Please see a dorm check-in date with **the orientation calendar/schedule**.
- Do you want to ship your boxes and luggage from the airport to the dormitory? Please make sure that your belongings should be delivered after your move-in date.
- Dormitory rules will be explained during the Dormitory Orientation but please remember **no guest will be allowed to stay overnight at the dormitory**.

SETTLING DOWN IN JAPAN

1. RESIDENCE REGISTRATION (ALL STUDENTS EXCEPT FOR THOSE WHO CURRENTLY LIVE IN NAGOYA)

For Non-Japanese Nationals

As a general rule, residence registration is necessary for all students regardless of nationality. You must go and visit the Showa ward office (local municipal office controlled by City of Nagoya) to register your address when entering Japan.

For Students who currently live in Japan

Before moving to Nagoya, you must obtain a "Moving-Out Certificate (転出届)" at a municipal government office of your current city (such as city hall and ward office). This certificate must be submitted when you register a new address at the ward office in Nagoya.

In case you currently live in Nagoya City and are planning to move into the dormitory, you don't need to get a Moving-Out Certificate for this purpose: to streamline the process, submission of this certificate is waived when you register a new address at the Showa ward office.

For Japanese Nationals who currently live abroad but has a permanent address in Japan

You should collect the following documents at the municipal office of the city where you have a permanent home before coming to Nagoya.

- 戸籍謄本 (koseki tohon) – records of family register including individual's full name, parental and spousal relationp
- 戸籍の附票 (koseki no fuhyo) – records of family register including individual's full name, parental and spousal relationp and the current home address(es)

2. JAPAN NATIONAL HEALTH INSURANCE (ALL STUDENTS)

For both international and Japanese students, it's compulsory to enroll in a public health insurance program called Japan National Health Insurance (JNHI) regardless you already have travel insurance policies which carry medical coverage while in Japan. The insurance program covers 70% of your hospital bills including bills for prescription drugs and dental bills but excluding miscellaneous and non-medical expenses. The premium is based on your age and previous year's income but approximately costs 1,500 yen per month or 16,000 yen annually. You can get the enrollment process done at the ward office.

国民健康保険
被保険者証

有効期限 平成 00 年 00 月 00 日
記号 00 番号 00

氏名 ○○○○
生年月日 昭和 00 年 00 月 00 日 性別 ○
資格取得日 平成 00 年 00 月 00 日
交付年月日 平成 00 年 00 月 00 日
世帯氏名 ○○○○
住所 ○○○○○○○○○○○○○○○○○○○○○

保険番号

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 保険者

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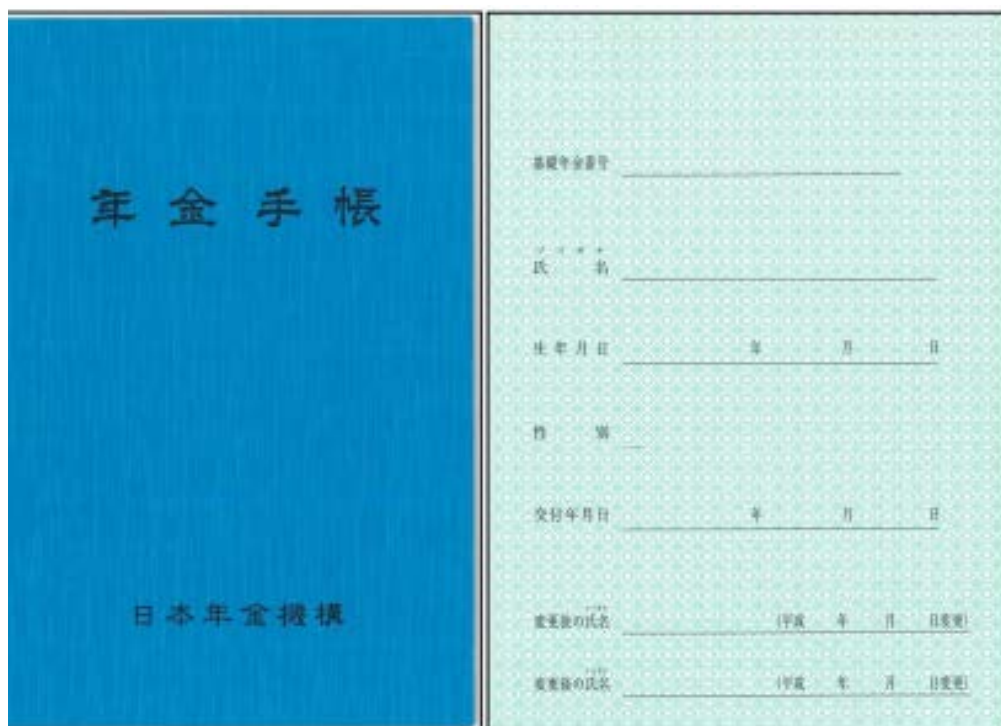
<- Insurance Card (Hokensho)

3. NATIONAL PENSION (STUDENTS AT AGE OF 20 AND ABOVE)

All residents over 20 years old must enroll in the Japan National Pension plan. If you are at the age of over 20 and wish to get exemptions, do not forget to submit a notification at the ward office and then you don't have to pay a premium while you are a student.

You will be required to submit **a copy of your student card*** (or another document to prove you are a full-time student at Nagoya University) to complete the exemption process and later on are more likely to get a notification enclosed in an envelop asking you to pay. But don't worry: you don't have to pay anyways. In case your exemption application fails and you are required to pay, please see us at the Admissions Office or international student advisors at your school. A result usually comes in a moth or two with a postcard.

(*) Your Student ID Card is only available after **October 4 (TBD)**. Please check with a finalized schedule when to pick it up.



The image shows the cover and form of a Pension Handbook (年金手帳). The cover is blue with the title "年金手帳" (Nenkin Shohou) and "日本年金機構" (Nippon Nenkin Kikou) at the bottom. The form is light green and contains the following fields:

- 基礎年金番号 (Basic Pension Number)
- 氏名 (Name)
- 生年月日 (Date of Birth)
- 性別 (Gender)
- 交付年月日 (Date of Issuance)
- 受給者の氏名 (Name of Beneficiary) (年 月 日 受理) (Year Month Day Received)
- 受給者の氏名 (Name of Beneficiary) (年 月 日 受理) (Year Month Day Received)

<- Pension handbook

4. MY NUMBER CARD

The “My Number” system streamlines administrative procedures vis-à-vis the national pension, unemployment insurance, medical insurance, welfare benefits, and the filing of income tax returns. It applies not only to Japanese nationals, but also to all foreign national resident in Japan for a period exceeding three months. Your municipality will send an “Individual Number Notice” to your address via registered mail, 3-4 weeks following ward registration.

マイナンバーは、住民票を有する全ての方に1人1つの番号を付して、社会保障、税、災害対策の分野で効率的に情報を管理し、複数の機関に存在する個人の情報が同一人の情報であることを確認するために活用されるものです。みなさんの自宅（市町村に登録してある住所）に「個人番号通知書」とカード交付申請書が、およそ区役所登録一か月後に簡易書留で届きます。

My Number Card/マイナンバーカード



令和 2年 6月 NN日 発行
〇〇区長

個人番号通知書

個人番号 0123 4567 8901
氏 名 番号 花子
生年月日 令和 2年 6月 1日

- 本通知書はあなたの個人番号(マイナンバー)をお知らせするためのものです。
- 本通知書は「マイナンバーを証明する書類」や「身分証明書」としては利用できません。「マイナンバーを証明する書類」が必要な場合には、マイナンバーカードをご提示いただくか、マイナンバー入りの住民票の写しまたは住民票記載事項証明書をご提出ください。
- 本通知書の再発行は行いません。

マイナンバーカードの申請について

- マイナンバーカードの申請にはスマートフォンやタブレットによるオンライン申請が便利です。顔写真データをご準備のうえ、右記のQRコードを読み取ってください。
- 郵送によるマイナンバーカードの申請する場合には、同梱の封筒と交付申請書をご利用ください。その他の申請方法については同梱のパンフレットをご確認ください。
- ※ なお、マイナンバーカードを申請した場合、申請状況の問い合わせに必要なあなたの申請書IDは【1234 5678 9012 3456 7890 123】です。
- マイナンバーカードの受け取りには本人確認が必要ですが、申請時に本人確認を行う場合には、本通知書を提示することで、手続が簡素化できる場合があります。マイナンバーカードの申請に関する詳細については、同梱のパンフレットまたはマイナンバーカード総合サイト (<https://www.kojinbango-card.go.jp/>) をご覧ください。



交付申請用QRコード



202004241 110000 0000002 00000014 2/3

お問い合わせ先: 0120-95-0178
(マイナンバー総合フリーダイヤル)
平日9時30分～20時00分
土日祝9時30分～17時30分
(年末年始を除く)



視覚障がい者用
音声コード

個人番号カード交付申請書 兼 電子証明書発行/更新申請書

〇〇市 (地方公共団体情報システム機構 宛)		長期 申請書ID 1234 5678 9012 3456 7890 123
氏名*	番号 花子	顔写真貼付欄 サイズ (縦4.5cm×横3.5cm) ・撮影日から3ヶ月以内に撮影 ・正面・無帽・無眼鏡のもの ・顔周りに、氏名、生年月日を 記入してください。
住所*	〇〇県〇〇市△△町◇丁目〇番地▽▽号	
生年月日*	令和 2年 6月 1日	
性別*	女	
【代替文字情報】		
電話番号※2		外国人住民の 区分
点字※3	下欄の点字表記を希望する (最大24文字まで、濁点等は1文字)	外国籍等 自の希望
点字表記	ばんごう はなこ	国籍等 異なり

●本申請書に記載されている情報は、令和 2年 4月23日時点の情報となります。

※1 日本人の方で、個人番号カードへ旧氏の印字をご希望の場合、市町村窓口で事前登録する必要があります。

※2 申請内容に不備がある場合は電話で連絡することがありますので、日中に連絡のつく電話番号を記入してください。

※3 氏名の点字表記をご希望の場合、□を黒く塗りつぶしてください。申請書に記載された文字 (最大24文字まで、濁点等は1文字) が点字で表記されます。表記内容にご不明な点がある場合は、住まいる市町村窓口にお問合せください。

以上の内容に誤りがないことを確認しましたので、個人番号カードの交付及び電子証明書の発行を申請します。

申請日 年 月 日

申請者氏名 (自署)

印

発行を希望しない電子証明書がある場合、□を黒く塗りつぶしてください。

□ 電子証明書 不要

□ 利用者証明用電子証明書 不要

※15歳未満の方、成年後見人の方には原則発行されません。

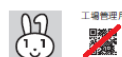
15歳未満の方、成年後見人の方で個人番号カードの交付及び電子証明書の発行の申請を行う場合は、以下に代理人氏名、住所、電話番号、本人との関係をご記入ください。

代理人氏名 (自署)	本人との関係
代理人住所	
(電話番号)	

※ 申請内容に不備がある場合は電話で連絡することがありますので、日中に連絡のつく電話番号を記入してください。

【注意事項】

※印のついた項目について、個人番号カード及び電子証明書は、住民票に記載の情報を発行されます。



202004241 110000 0000002 00000013 3/3

事務処理記録欄

オンライン
申請用
QRコード

5. EMERGENCY

- Emergency telephone numbers - Don't hesitate to make a call and ask for a help if you think it's extremely urgent.

Police: 110

If you happen to be a witness in a crime scene or are involved in a traffic accident, don't hesitate to call 110. If your bicycle or wallet is stolen, go to police to report a lost/found item. Lost a credit card, bank card? Contact a card issuer as soon as possible, so they will temporarily stop it from being misused.

Fire Department: 119

Ambulance: 119

You can call an ambulance anytime and anywhere in Japan by simply dialing 119. Ambulances as a part of municipal fire departments, do not charge for transportation to hospitals. However, patients are responsible for medical expenses.

- Earthquake: Japan is an earthquake-prone country. It may be scary at first, especially if you come from a place with almost no earthquake risk. Please stay calm
- Typhoon and class cancellation policies:
If a "storm (gale) warning" or another special warning for Nagoya City is announced by the Japan Meteorological Agency, any classes scheduled after the warning is issued are cancelled. However, if the warning is lifted before 11:00, classes will meet as scheduled.

[Courses | Institute of Liberal Arts and Sciences, Nagoya University \(nagoya-u.ac.jp\)](https://www.nagoya-u.ac.jp/courses/)

[Japan Meteorological Agency | Weather Warnings/Advisories \(jma.go.jp\)](https://www.jma.go.jp/jma/eng/)

(See more details in the **Campus Life** section '4. Disaster Prevention & Class Cancellation')

6. MONEY

- Some small shops/places in Japan still only accept cash, so having cash in Japanese yen is super helpful!
- Opening a bank account: In principle, you must be a resident of Japan as defined by FEFTA (Foreign Exchange and Foreign Trade Act) which means you've been in Japan for at least 6 months or are employed in Japan and hold a visa and work permit. If you don't have a bank account in Japan, please attend the Opening Bank Account Orientation held during the Orientation Week. You will create an account with Japan Post Bank. (See more details in the **G30 Enrollment Orientation** booklet.)
- How to get cash using a bank card issued by a bank in another country – Seven Eleven (might be the

easiest way)

Withdrawal limits at 7-Eleven bank machines

The maximum amount of money you can take out from one transaction at a 7-Eleven ATM / Seven Bank machine for cards issued overseas is 100,000 Yen at a time. However, the 7-Eleven ATM limit for magnetic stripe card transactions is currently 30,000 Yen. Please note that miscellaneous/processing fees can defer as it's usually determined by your individual card provider.

[Japan 7-Eleven ATM Seven Bank Guide + Photos - Plan My Japan](#)

- Cashless apps – PayPay, LINEPay, AliPay, Apple Pay

[Can You Survive Without Cash in Japan? The 12 Top Cashless Payment Options in Japan Examined | tsunagu Japan](#)

7. SHOPPING

- SIM Card & Smartphone

<https://nug30guide.weebly.com/phones.html>

- Grocery shopping near dormitory – including Daily necessity

<https://nug30guide.weebly.com/groceries.html>

- Bicycle

NU sticker: you need one which carries a parking permit on campus;

Register with police for bike anti-theft registration: a bike theft rate is not high but not low either..

Liability Insurance: optional but strongly recommended. See detailed information on Student Insurance in the **G30 Enrollment Orientation** booklet.

<https://www.u-tokyo.ac.jp/content/400009999.pdf#page=59>

8. TRAVELLING

- Manaca (IC Card)

[Manaca | Transportation Bureau, City of Nagoya](#)

- Gakuwari (Student discount fares for commuter pass and Shinkansen)

For train trips exceeding 100 km one way by JR lines, NU students can get 20% discount (Gakuwari) on regular base fare (No discount on express fare, shinkansen express fare, reserved seat fee). To receive this student discount for a Shinkansen / long-distance ticket, you need to have a Student Travel Fare Discount Certificate (Discount Certificate) from the Certificate Issuing Machine using your Student ID Card.

9. OTHERS

- Garbage disposal and recycling rules
https://www.nic-nagoya.or.jp/en/living-in-nagoya/living-information/living_information/2023/02272329.html
- National holidays in Japan
<https://www.gotokyo.org/en/story/guide/public-holidays/index.html>

**Unknown sources of information might be included.

CAMPUS LIFE

1. ACADEMIC CALENDAR

Each academic year consists of two semesters; fall and spring. Fall semester is from October 1st to March 31st and spring semester is from April 1st to September 30th.

8:45-10:15	10:30-12:00	13:00-14:30	14:45-16:15	16:30-18:00
1 st period	2 nd period	3 rd period	4 th period	5 th period

Class registration and Add & Drop Classes will be done through NU Portal. Please check the latest information at:

ILAS Website: <https://office.ilas.nagoya-u.ac.jp/news/G30/>

Nagoya University Survival Guide: <https://nug30guide.weebly.com/registering-for-courses.html>

Fall Schedule (TBA)

2 nd Week of Oct	Class Registration
Around October 25	Confirmation of Registration Status
By the End of October	Add & Drop

!! Please check important dates during the ILAS Orientation and ILAS website. !!

Note:

Since the course withdrawal system was introduced in the AY 2020, you won't be able to delete any registered classes after the Add & Drop period: you will see 'Fail' in a transcript of records if the class is not dropped properly before the add & drop deadline.

Academic Calendar

<https://office.ilas.nagoya-u.ac.jp/news/G30/>

Find the Academic Calendar under section "2. Timetable."

Grade Evaluation and Scaling System:

https://en.nagoya-u.ac.jp/academics/campus_life/gradeevaluation/index.html

Rules and Important Notes

General Rules: https://en.nagoya-u.ac.jp/academics/campus_life/rules/index.html

Handling Generative AI: <https://en.nagoya-u.ac.jp/academics/ai/index.html>

2. ACADEMIC SUPPORT

Who is an Academic Advisor?

Students encountering difficulties related to their studies or campus life may consult with their academic advisors for assistance. Specific walk-in office hours are set at some schools. If not, students are encouraged to make an appointment for a consultation in advance.

Who is an International Student Advisor?

International student advisors (faculty to promote internationalization) are in place to support international students at each school. They can provide consultations on various issues related to campus life, study and research, a future career path, or even daily life.

A list of academic advisors and international student advisors will be handed out during the G30 Orientation.

3. HEALTH AND SAFETY

Medical Clinics 病院情報

For your first visit, it is recommended to visit a hospital with less than 200 beds. If you are a new patient to a hospital with 200 or more beds (e.g. Nagoya Daini Red Cross Hospital) without a referral, a “Fee for Treatment of Patients’ Choice” (7,700 yen or above) will be charged in addition to the first visit fee. Also, do not forget to bring your National Health Insurance card. If you do not bring the card, you will need to pay the full amount of medical cost on the day and come back to the clinic to receive a refund with your National Health Insurance card at a later point.

最初に病院にかかる際は、200床未満の病院を受診するようにして下さい。紹介状なく200床以上の病院を受診すると、初診料以外に選定療養費（7,700円かそれ以上）が請求されますのでご注意ください。また、国民健康保険証を忘れずに持参してください。保険証がない場合その日に全額を支払い、後ほど保険証を持って返金を受け取りに行くことになりますのでご注意ください。

Aichi Medical Information System/あいち救急医療ガイド

<Phone Service (foreign languages)> 050-5810-5884

<Website> <http://www.qq.pref.aichi.jp/>




You can search for medical institutions where foreign language(s) is/are available on to Aichi Medical Information System. Open the link below, click “Foreign Residents’ Guide” in the middle of the page, and follow the directions. An automated phone service is also available.

愛知県救急医療情報システムより、外国語での受診が可能な医療機関を検索できます。リンクを開き、ページ中央の「外国語で対応可能な診療所・病院」から指示に従い検索してください。音声による自動応答案内もあります。

Hospital with 200 or more beds around Higashiyama Campus

東山キャンパス周辺の200床以上の医療機関

なごや だいに ききじゅうじびょういん 名古屋第二赤十字 病院 <small>やごと にっせき</small> (通称: 八事日赤) Nagoya Daini Red Cross Hospi- tal (Also known as: Yagoto Nisseki)	-Address: 2-9, Myoken-cho, Showa-ku (In front of Yagoto-Nisseki sta. Exit 2) -Tel: 052-832-1121 -Website (Japanese): https://www.nagoya2.jrc.or.jp/ (English): https://www.nagoya2.jrc.or.jp/english/  -Specialty*: H&O/E&D/Ne./Ca./G&H/Re./Neu./Gen./G.S./T.S./P.S./C.V.S./Or./P.R.S./B.S./H.C./N.S./T.E.S./O.M.S./O&G/ENT/Op./De./Ur./Rh./Ra./A&ICU/Ch./ER/Pa./Ps./Gy./C.P.
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Office hours

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
8:00-11:00	●	●	●	●	●		
Open 24 hours for emergencies							

[Specialty] H&O=hematology and oncology (血液・腫瘍内科) E&D=endocrinology and diabetes (糖尿病・内分泌内科) Ne.=nephrology (腎臓内科) Ca.=cardiology (循環器内科) G&H=gastroenterology and hepatology (消化器内科) Re.=respirology (呼吸器内科) Neu.=neurology (神経内科) Gen.=general medicine (総合内科) G.S.=general gastroenterological surgery (一般消化器外科) T.S.=thoracic surgery (呼吸器外科) P.S.=pediatric surgery (小児外科) C.V.S.=cardiac and vascular surgery (心臓外科・血管外科) Or.=orthopedics surgery (整形外科) P.R.S.=plastic and reconstructive surgery (形成外科) N.S.=neurosurgery (脳神経外科) T.E.S.=transplantation and endocrine surgery (移植外科・内分泌外科) O.M.S.=oral and maxillofacial surgery (歯科口腔外科) O&G=obstetrics and gynecology (産婦人科) ENT=ear nose throat/otorhinolaryngology (耳鼻咽喉科) Op.=ophthalmology (眼科) De.=dermatology (皮膚科) Ur.=urology (泌尿器科) Rh.=rehabilitation (リハビリテーション科) Ra.=radiology (放射線科) A&ICU=anesthesiology and intensive care unit (麻酔・集中治療部) Ch.=chemotherapy medicine (薬物療法内科) ER=emergency (救急科) Pa.=pathology (病理診断科) Ps.= Psychiatry(精神科) B.S.=Breast Surgery (乳腺外科) Gy.=gynecology (婦人科) H.C.=hereditary clinic (臨床遺伝診療科) C.P.= clinical pathology (病理診断科)

Medical clinics having less than 200 beds around Higashiyama Campus

東山キャンパス周辺の200床未満の病院

Following clinics are available in English. (This list is offered by Health Administration Office.)

Clinical Department 診療科	Name of the Hospital 病院名	Place of the Hospital 所在地	Phone No. 電話番号	Consultation day 診察日	Office hours 診察時間	QRコード
Internal 内科	Watanabe internal clinic わたなべ内科クリニック	Yagotonisseki Sta. ①Exit NihonChouzai Building 2F	052-861-3450	Mon.Tue.Wed.Thu.Fri.Sat Mon.Fri.	9:00~11:30 16:00~17:30	
Internal 内科呼吸器・循環器	Higashiyama clinic 東山内科呼吸器科(健康診断は 事前連絡で可)	Higashiyamakouen St. ④Exit	052-781-1235	Mon ~ Sun Respirology OK Mon.Wed.Thu.Fri.Sat	9:00~12:00 Sun.10~13:00 17:00~19:00 Sta.13:30~17:00	
Circulatory 循環器	Adachi naika jyunnkannkika 足立内科・循環器科	Motoyama Sta. ②Exit	052-783-0078	Mon.Tue.Wed.Thu.Fri.Sat Mon.Tue.Thu.Fri.	9:00~12:00 17:00~19:00	
Orthopedics 整形外科	Maeda orthopedic clinic 前田整形外科クリニック	Yagotonisseki Sta. ①Exit Nikko Building 2F	052-861-2251	Mon.Tue.Wed.Thu.Fri.Sat Mon.Tue.Wed.Fri.	9:00~12:00 16:00~19:00	
Dermatology 皮膚科	Tachi Dermatology clinic たち皮フ科	Ikeshita Sta.①Exit Imaeda Building 2F	052-752-1092	Mon.Tue.Thu.Fri.Sat Mon.Tue.Thu.Fri.	9:30~12:20 16:00~18:45	
Gynecology 婦人科	Hoshigaoka maternity Hp 星が丘マタニティ病院	Hoshigaoka Sta.①Exit	052-782-6211	Mon.Tue.Wed.Thu.Fri.Sat Mon.Wed.Fri.	9:00~12:00 17:30~19:00	
Otolaryngology 耳鼻咽喉科	Hoshigaoka otorhinolaryngo 星が丘耳鼻咽喉科	Hoshigaoka Sta.mitsukoshi Contact Passage Exit Hoshigaoka plaza Building 3F	052-789-1500	Mon.Tue.Wed.Fri.Sat Mon.Tue.Wed.Fri.	9:00~12:00 15:00~18:00	
Ophthalmology 眼科	Komorebi eye clinic 眼科こもれびクリニック	Yagotonisseki Sta. ①Exit Nikko Building 3F	052-837-1750	Mon.Tue.Wed.Thu.Fri.Sat Mon.Tue.Wed.Fri.	9:00~12:00 15:30~18:30	
Detal 歯科	Root Stone Dentalclinic ルーツストーンデンタルクリニック	Motoyama Sta.⑤Exit Rootstone part2 buil 3F	052-789-1818	Mon.Wed.Thu.Fri. Sat..Sun Mon.Wed.Thu.Fri.	10:00~13:00 10:00~14:00 14:00~19:00	
Urology 泌尿器科	Yu - clinic ゆうクリニック	Motoyama Sta. ②Exit	052-761-1155	Mon.Tue.Wed.Fri.Sat Mon.Tue.Wed.Fri.	9:30~12:30 16:00~19:00	

Health Services on Campus/ 学内の医療サービス

Nagoya University students can receive the following health services on campus, free of charge. (Your Student ID Card is necessary.)

名古屋大学の学生は、キャンパス内において、以下の医療サービスを無料で受けることができます。(受診の際は、必ず学生証を持参してください。)

Health Administration Office/ 保健管理室

Available Services

- Physical examinations/ 診療
- Health advice/ 健康相談
- First-aid/ 応急処置

Contact details

TEL: 052-789-3970 (available on 8:30 to 17:15 on weekdays)

Email: hokekan@htc.nagoya-u.ac.jp

(Email is available anytime including nights and weekends.)

Office hours

	Mon	Tue	Wed	Thu	Fri
10:00-11:30	○	○	○	○	○
13:30-16:00	○	-	○	○	○

Closed on Tuesday afternoon, weekends, and national holidays.

Office hours (First-aid only)

	Mon	Tue	Wed	Thu	Fri
9:00-12:00	○	○	○	○	○
13:00-17:00	○	○	○	○	○

Closed on weekends, and national holidays.

Website

<http://www.htc.nagoya-u.ac.jp/hokenkanri/> (JP Only)



Virtual Campus Tour (Health Administration Office)

<https://youtu.be/eMo8SXHF7Bg>



↑ Health Administration Office (Hoken Kanri Shitsu)

C3-3 on the campus map



Global Engagement Centre Support Team **C3-1** on the campus map (7th floor, West wing of IB Building)



Global Engagement Centre Support Team/

グローバル・エンゲージメントセンター支援チーム

Available services

Psychiatric counselling / 精神相談

*Reservation is necessary.

Contact details

TEL: 052-788-6117

Email: isa@iee.nagoya-u.ac.jp

Office hours

	Mon	Tue	Wed	Thu	Fri
10:00-12:00	○	○	○	○	○
13:00-16:00	○	○	○	○	○

Closed on weekends, national holidays.

Website

<https://acs.iee.nagoya-u.ac.jp/en/> (EN)



<https://acs.iee.nagoya-u.ac.jp/> (JP)



4. DISASTER PREVENTION & CLASS CANCELLATION

Related: [Nagoya University ALWAYS NU \(nagoya-u.ac.jp\)](http://nagoya-u.ac.jp)

Earthquake

Earthquake: Japan is an earthquake-prone country. It may be scary at first, especially if you come from a place with almost no earthquake risk. Please stay calm

“Drop, Cover and Hold” – Don’t wait to see if the earthquake shaking will be strong!



Drop where you are, onto your hands and knees.



Cover your head and neck with one arm and hand.

If a sturdy table or desk is nearby, crawl underneath for shelter.

If no shelter is nearby, crawl next to an interior wall.



Hold on until the shaking stops.

If you are under shelter, hold on to it with one hand; be ready to move with your shelter if it shifts.

Don'ts!

- Do not rush to a way out; to protect yourself, drop, cover and hold until the shaking stops.
- Do not use elevators when evacuating.
- Do not forget to switch off cooking heaters or gas.
- Do not try to come to the campus!

Typhoon, Torrential Rain

[Weather Warnings / Advisories in Aichi](#) (Japan Meteorological Agency)

If a “storm (gale) warning” or another special warning for Nagoya City is announced by the Japan Meteorological Agency, any classes scheduled after the warning is issued are cancelled. However, if the warning is lifted before 11:00, classes will meet as scheduled.

[Courses | Institute of Liberal Arts and Sciences, Nagoya University \(nagoya-u.ac.jp\)](#)

[Japan Meteorological Agency | Weather Warnings/Advisories \(jma.go.jp\)](http://jma.go.jp)

Class/Exam Cancellation Policy

Related: [Courses | Institute of Liberal Arts and Sciences, Nagoya University \(nagoya-u.ac.jp\)](#)

All classes and exams will be cancelled if there is an official emergency warning issued due to:

- Earthquake with a seismic intensity level of upper 5 or greater
- “Storm (gale) warning” issued in Nagoya City

If a “storm (gale) warning” or another special warning issued in Nagoya City by the Japan Meteorological Agency, any classes scheduled are cancelled. However, if the warning is lifted before 11:00, classes will meet as scheduled.

Class Begins after a warning is lifted as follows:

Time that Warning is Lifted	Period that Classes Commence
At or before 6:45 am	1st Period (8:45-)
After 6:45 through 11:00 am	3rd Period (13:00-)

- Please note that resumption of classes is carefully considered based on the degree or extent of damage caused by a disastrous event such as a strong earthquake (seismic intensity level 5 or above) and fire. Check the Nagoya University Portal or contact the ILAS or professors/instructors for further information.
- As a rule, ICT-based online classes are not subject to this policy. Please check the class status on the TACT (Tokai Academic Combination Tools) LMS (Learning Management System).

Make-up classes or special arrangement to replace a class

Announcements of rescheduling of classes canceled due to the above situations will be posted on the Nagoya University Portal.

NU “Survivor” Confirmation System (ANPIC)

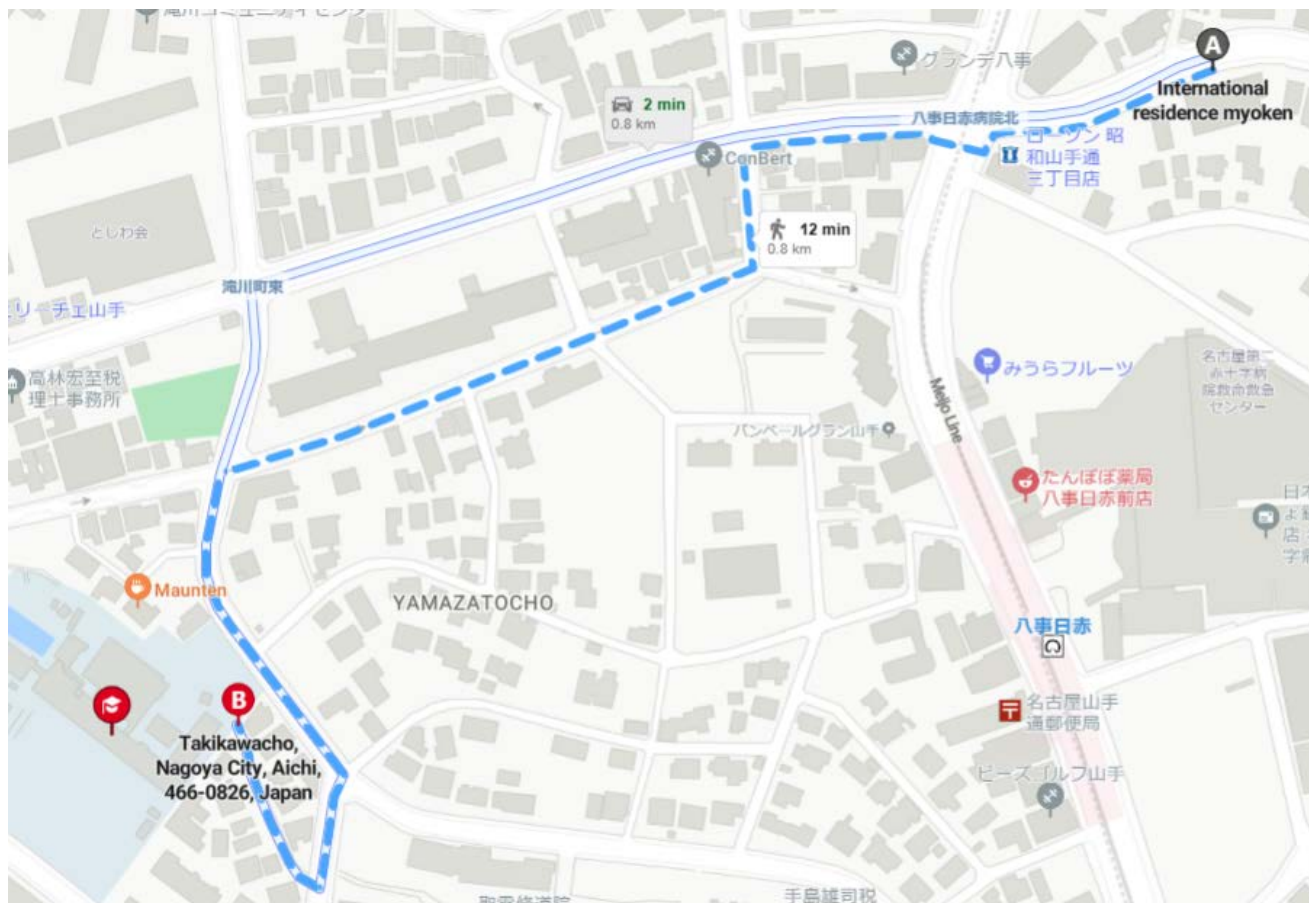
During a disaster, you will be able to inform the university of your situation by using the Survivor Confirmation system. Accurate safety information is vital for providing proper aid for sufferers.

Get details of this system from the index tab of "[防災/Disaster Prevention](#)" on the [NU-Portal site](#). Your registered e-mail address can also be used for the Survivor Confirmation System or to receive the important announcements from Nagoya University.

- [NU Guide for Natural Disaster Preparedness](#)
- [What to do in a major earthquake](#)

Evacuation Area (Those who live in Dormitory)

Takikawa Elementary School (those who live in the International Residence Myoken)



5. STUDY ABROAD EXCHANGE PROGRAM

Student exchange is a system based on The Inter-University/-School Agreement that exchanges students between our university and another (overseas partner university). It allows them to take classes as "exchange students" at the partner universities they are sent to for a given period of time (1 or 2 semesters). Nagoya University has agreed upon the "Tuition Waiver System" with most of our partner universities. When a student is sent to a university where this system is applied, he/she is not obliged to pay any tuition to that partner university during the study abroad period other than what must be paid to Nagoya University.

There are two selection windows which depend on a study abroad destination. Applications for the Spring intake only include Australia, South Korea, Brazil and South Africa.

What you have to present include: transcript of records, a language proficiency test score, a motivation essay (why makes you decide to go study abroad) as long as 1,600 words, a motivation essay 2 (what's a plan after coming back to Japan and how do you intend to make the most of your study abroad experience?) as long as 1,600 words. For details, please refer to:

<https://ieec.iee.nagoya-u.ac.jp/en/abroad/kokan.html>

Study Abroad Office: <https://ieec.iee.nagoya-u.ac.jp/en/abroad/>

6. TUTOR SYSTEM

International students who enroll in G30 Programs will have a student tutor when they start their studies at NU for a minimum of six months to help them get accustomed to life in Japan. Tutors help the students in a variety of activities ranging from course registry to house hunting.

Do you want to work as a Teaching Assistant?

NU-EMI: <https://labguide.bio.nagoya-u.ac.jp/NUEMI/tutors/>

7. NU WiFi

[Nagoya University Wireless Network \(NUWNET\) | Information & Communications, Nagoya University \(nagoya-u.ac.jp\)](https://www.nagoya-u.ac.jp/en/nuwifi/)

8. HARASSMENT COUNSELING OFFICE

[Nagoya University ALWAYS NU \(nagoya-u.ac.jp\)](https://www.nagoya-u.ac.jp/en/harassment/)

9. INTERNATIONAL STUDENT SUPPORT

Advising & Counseling Services for International Students

Experiencing cultural shocks or mental health issues, seeking professional support?

<https://acs.iee.nagoya-u.ac.jp/en/index.shtml>

NU Help Desk

Helpdesk is a student group under Nagoya University whose main purpose is to support incoming and existing exchange students under the NUPACE program. Throughout the semester, we are located at the lobby of Nagoya University's international building where we tend to any queries that exchange students might have. We also plan monthly events for international students to serve as a platform for them to interact with Japanese students as well as experience and better integrate into life in Japan. For example, shopping tours, NUPACE welcome party, visit to Meiji-mura, fireworks event, Halloween party, Christmas cake making party and New Year's visit to the shrine are amongst the myriad of events we have organized in 2023. We are looking forward to welcoming international students to plan these events and help exchange students with us. Our weekly meeting is scheduled every Thursday during lunch time. If you have a passion for helping other exchangers, please contact us through e-mail or Instagram, we are looking forward to seeing you there.

Where you find them: International Building Lounge

Contact at nagoyaunivhelpdesk@gmail.com or @nagoyaunivhelpdesk

<https://acs.iee.nagoya-u.ac.jp/en/advising/intl.html>

10. CAREER SUPPORT OFFICE

Brief introduction to job-hunting in Japan:

<https://sed.adm.nagoya-u.ac.jp/en/campus/career.html>

Career Support Center

The Nagoya University Career Support Center offers various events and educational programs throughout the year to support students' career development and job hunting. In 2017, the local governments, academic organizations and industrial associations in Aichi and Gifu prefectures collaborated to establish the "Aigi Career Development Consortium for International Students" for the purpose of strengthening job hunting support for international students. To date, over 1,300 NU international students have registered with the Consortium, received various types of support, and have gone on to start their careers in Japan. International students can participate in all events and educational programs, from those aimed specifically at international students to those offered to all students.

<https://syusyoku.jimu.nagoya-u.ac.jp/international/>

Campus Resources: <https://syusyoku.jimu.nagoya-u.ac.jp/>