

<b>Health and Sports Science: Practicum (Exercise and Sports I)</b>			
<b>Registration Code</b>	0055321	<b>Credits</b>	1.0
<b>Course Category</b>	Basic GE, Sports		
<b>Term (Semester) / Day / Period</b>	G-II (1st year, Spring Semester) / Fri. / 3 (13:00~14:30)		
<b>Instructor</b>	YOKOYAMA Keiko, MIZUNO Takamasa		
<b>Target Schools (Programs)</b>	Hu(J)·La(S)·Ec(S)·Sc(P·C·B)·En(P·C·Au)·Ag(B)		
<p><b>●Objective of the Course</b> This class emphasizes the development of fundamental TABLE TENNIS skills, knowledge of game rules and tactics of play. The students are expected to deepen their understanding of the ways, meanings and values about moving their own body and communicating with others.</p> <p><b>●Course Prerequisites</b> The students' success in this class is extremely dependent on their ACTIVE participation and ON TIME attendance. The students are expected come to class ON TIME and READY to participate. The students missing more than FOUR classes for any reason (excused or unexcused) will fail the course. Any students who are disruptive, disrespectful, or not putting their effort into the class will also fail the course or have their attendance/participation grade reduced.</p> <p><b>●Dress Code and Equipment</b> Comfortable SPORTSWEAR and INDOOR SPORTS SHOES must be worn. If the appropriate attire is not worn to this class, attendance will not be counted.</p> <p><b>●Course Contents</b> 1. An orientation session for incoming freshmen. 2. An orientation session for table tennis class. 3. Fundamental skill training. 4. Offensive &amp; defensive tactics. 5. Singles &amp; Doubles games.</p> <p><b>●Evaluation Methods</b> Attendance and active participation, <u>70%</u> Table tennis skills &amp; knowledge, <u>20%</u> Communication Skills, <u>10%</u> Total <u>100%</u></p> <p><b>●Notice for Students</b> The students MUST attend the first orientation class and BRING your photo (3x4 cm) for incoming freshmen. The details of this course will be explained in the session. The course withdrawal system is available in the course. If students do not submit a Course Withdrawal Request Form by the designated period, their grade is "F". The students need to submit a Course Withdrawal Request Form to instructor when requesting course withdrawal directly or by any ways to the instructor before the end of 4th class (including the first orientation class). In principle, instructors may not give students a grade of "Absent" without the submission of the Course Withdrawal Request Form. However, in the case of an avoidable reason, such as sickness, accident, or no school attendance, instructor may give a grade of "Absent" based on their judgment.</p>			
<b>Textbook</b>	None.		
<b>Reference Book</b>	None.		